

# Best of Myanmar Tour

(Yangon – Bagan – Mandalay - Mingun)

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## Itinerary Overview

Day	Destination	Meals
Day 1	YANGON ARRIVAL	/
Day 2	YANGON – SIGHTSEEING	B
Day 3	YANGON – BAGAN	B
Day 4	BAGAN – MT POPA – MANDALAY	B
Day 5	MANDALAY - MINGUN	B
Day 6	MANDALAY – AMARAPURA – AVA – SAGAING	B
Day 7	MANDALAY DEPARTURE	B

**Note\*:** B: Breakfast / L: Lunch / D: Dinner

## Detailed Itinerary

### Day 1 YANGON - ARRIVAL

Upon your arrival at the airport, our tour guide will pick you up and transfer you to the hotel for check-in. The rest of the day is free for you to explore the city.

**Note\*:** The hotel room will be available at 2:00pm, and in case that you would like to secure an early-check in, an additional charge will be applied.

**Meal:** n/a

**Accommodation:** Hotel in Yangon

**Note\*:** this is a copy of itinerary on Indochina Treks Travel' Official Website and not the final itinerary.

## Day 2 YANGON - SIGHTSEEING

After breakfast, pickup for full day city tour. You also have the option to visit Kandawgyi Lake and surrounding area, which offers numerous photo opportunities. You will visit Sule Pagoda (located on a roundabout in downtown Yangon, Yangon City Hall (featuring classic Myanmar architectural design), the High Court (noted for its British colonial architecture, including its clock tower and its red-bricked exterior). Next, you'll visit Chauk Htat Gyi Pagoda, built in 1966 and famous for its huge image of the Reclining Buddha, which replaced the older image built in 1907.

After lunch, you can go shopping in the Bogyoke market (formerly "Scott market") where you can get a wide range of Myanmar handicrafts, jewelry, fabrics, lacquer ware and so on. You can also visit [China town](#) markets selling fresh fruits, flowers and local delicacies. In late afternoon, you will enjoy sunset at the famous Shwedagone Pagoda. Its massive bell-shaped golden spires are plated with 60 tons of gold, while the tip of the stupa is inset with diamonds, rubies, sapphires and topaz. You'll have a restful overnight in Yangon

**Meal:** Breakfast/Lunch

**Accommodation:** Hotel in Yangon

## Day 3 YANGON - BAGAN

After breakfast, take the morning flight to Bagan. On arrival, welcome by our guide and start sightseeing. This sightseeing offers a close observation to the daily life of Myanmar people at a market and the rich architecture at the most famous pagodas in Bagan. At first, Bagan Sightseeing starts with busy NYAUNG-U MARKET which is a local market in the village of Nyaung U to the northeast of Bagan.

The Nyaung U Market provides great photo opportunity, and also the chance for tourists to mingle with the local Myanmar people, and watch how they conduct their daily lives. Then enjoy the rest of your time dedicated to discovering Bagan temples including: SHWE-ZIGON PAGODA, the prototype of later Myanmar stapes; ANANDA TEMPLE, the architectural masterpiece of a millennium; THAT-BYIN-NYU TEMPLE, the tallest in Bagan; DHAMMA-YANGYI TEMPLE, famous for its fine brick works; and spend the evening at the top of SHWE-SAN-DAW PAGODA for a superb sunset view.

**Meal:** Breakfast

**Accommodation:** Hotel in Bagan

## Day 4 BAGAN – MT POPA – MANDALAY

After breakfast, you will drive to Mt. Popa by car and excursion to the village way to Mt. Popa. You will reach to Popa Mountain Resort and stop the car in the medic herbal garden.

After lunch at popa mountain resort (own account), go to the point view and the start walking for half way and half way by car. An extinct volcano over 1,500m high, about 48km south east of Bagan. Mount Popa has played an important role in Myanmar culture, religion and history since the earliest times. Its shrine is dedicated to the worship of the 37 Nats, the Burmese ancient animist spirits. The view over the Myingyan Plain from the top of the Popa-Taung Kalat volcanic peak is simply breathtaking. In the late afternoon, drive to Mandalay. Arrive Mandalay in late afternoon.

**Meal:** Breakfast

**Accommodation:** Hotel in Mandalay

## Day 5 MANDALAY - MINGUN

After breakfast, you will be transfer for Jetty for a private boat across the river Ayeywarwaddy to visit Mingun. The dedications of King Bodawpaya such as the unfinished Pathodawgyi Pagoda a brick counterpart of pyramid in Egypt and the Mingun Bell, the second largest bell in the world are the most prominent religious heritages. Then visiting the Myatheintan Pagoda, the best representation of the Universe, will refresh your tiredness and fatigue. Return to Mandalay and then you will take a sightseeing tour of Mandalay which includes Mahamuni Pagoda, a life like Buddha image. Mandalay is the last capital of Myanmar and that make her to be the best place to see all the traditional arts and crafts. Start visiting gold leaf making work-place and see how the gold leaf is being made by hand in a traditional way. Continue visit the Old Palace grounds; Kuthodaw Pagoda, known as the world's largest book for its 729 marble slabs inscribed with the Buddha's Doctrine; Golden Palace Monastery, noted for its exquisite wood carvings and enjoy the panoramic view of the city from Mandalay Hill..

**Meal:** Breakfast

**Accommodation:** Hotel in Hotel in Mandalay

## Day 6 MANDALAY – AMARAPURA – AVA – SAGAING

The day begins with a visit to the 18th century capital, Amarapura. Attend the daily meal of over thousand monks at the country's largest monastery; Mahagandayon. Visit a silk weaving workshop, the craft specialty of Amarapura. Then continue south of the city to Ava, the capital from 14th to 18th centuries, where a short ferry ride will take us across the river to where our horse and carriage are waiting. Visit the old wooden Bagaya Monastery and the remains of the [Royal Palace](#) and Fort. There are many small villages located amid Ava's ruins and as you travel by horse and cart you'll get a

glimpse of local life in the Burmese countryside. In the afternoon cross the bridge over the Irrawaddy River and continue to Sagaing. Covered with 600 white-painted pagodas and monasteries, Sagaing Hill is widely regarded as the religious centre of Myanmar. It is home to 3,000 monks and 100 meditation centers and you will visit pagodas such as Swan Oo Pon Nya Shin and U Min Thone Sae. Finish the day return toward the Mandalay city and stop at Amarapura, continue to U Bein Bridge for a walk along this 200 year-old teak bridge. The bridge was constructed of 984 teak posts that were once part of the deserted Inwa Palace and it is 1.2 kilometers in length making it the world's longest teak span. Enjoy a stroll along the bridge and the fabulous views of the surrounding farms and streams.

**Meal:** Breakfast

**Accommodation:** Hotel in Mandalay

## Day 7 MANDALAY DEPARTURE

After breakfast, you are free until your departure time. Our driver will take you to Mandalay International Airport for your flight home. Tour ends...

**Meal:** Breakfast

**Accommodation:** n/a

### Important Note\*

- PROGRAMS & SCHEDULES SUBJECT TO CHANGE WITHOUT PRIOR NOTICE
- The itinerary can be customized basing on your interests (you can extend your stay at each location, add/remove activities)

## Inclusions & Exclusions

### **Inclusions:**

- Overnights in selected hotels or similar
- All in-tour stationed local English speaking guide.
- Entrance fees for sightseeing mentioned in the itinerary
- Excursions as mentioned in the itinerary
- Transfers as mentioned by private air-conditioned vehicles (including airport pick up & see off)
- Meals as indicated in the itinerary
- 1 Internal flight (Yangon – Bagan)

### **Exclusions:**

**Note\*:** this is a copy of itinerary on Indochina Treks Travel' Official Website and not the final itinerary.

- Meals and services other than those noted in the itinerary
- Visa fee
- International flights pre/post tour
- Laundry, telephone calls, and personal expenditures
- Gratuities for guides, drivers, porters, boat crew, and personal, non-itinerary services

## Cancellation Policy

- Cancellation received 60 days or more before arrival date: 15% of total rate
- Cancellation received from 30 days to 59 days prior arrival date: 25% of total rate
- Cancellation received from 15 days to 29 days prior arrival date: 50% of total rate
- Cancellation received from 7 days to 14 days prior arrival date: 70% of total rate
- Cancellation received less than 7 days prior arrival date or No show: 100% of total rate

## Children Policy

- For infant (<02 years old): FOC
- 02 – 10 years old without bed: 35% adult rate
- 02 – 10 years old with extra bed: 75% adult rate
- 02 – 10 years old in twin share: 90% adult rate
- from 11 years old: 100% adult rate

## Important Information

### Emergency Contact

Should you need to contact us during a situation of dire need, it is best to first call the travel consultant whom you deal with and then our hot line contacts. If for any reason you do not receive an immediate answer, please send us a detailed message and contact information by email to the agent and to [info@indochinatreks.com](mailto:info@indochinatreks.com), we may check and return your call and assist you as soon as possible.

Our all travel consultants use WhatApps. Please ensure that you have the contact number. It's best to buy a local sim-card upon arrival. Most hotels offer free wifi. So it's very easy to contact in urgent case.

Emergency contact numbers

Mr. Kelvin Do: +84 986759655

Ms. Thuy Pham: +84 984654964

## Internal Flights

For all internal flights, we would use Vietnamairlines, Vietjesair, Jestar, Cambodia Angkorair or Laos Airlines. Most domestic flights in Laos, Cambodia and Myanmar, airlines would use small 70 seat ATR72 for short distances. Most airlines in Vietnam use the Airbus A321. 20kg for checkin luggage and 7kg for hand-bag is included in the price.

International flights before/after the tour must be booked by yourself before travelling date.

## Accommodation

We would use different hotel categories and you can select any basing on your budget. So your travel companions would not stay at your hotel. A Hotel Voucher will be provided once your tour is confirmed with all hotel details.

## Packing List

Conservative Dress

- Modest clothing that covers knees and shoulders (Long pants, long skirts, shirts that cover shoulders)
- Shawl or scarf (for temple visits)

**Note\*:** Please pack clothing for the season in which you will be travelling. From Dec-Feb weather can be cold, so please pack warm clothing. From May-Nov it is the wet season, so please bring waterproof clothing.

## Documents

- All tickets (required)
- Passport (required) (With photocopies)
- Required visas
- Hotel & Tour Vouchers
- Meeting sign (with your names and flight details that we will use for transfers)

## Airport transfers

All airport transfers are included in the tour price. You should provide us your arrival/departure flight details and we will arrange things basing on the information. A meeting sign with your name and all flight details will be sent to you. Please be ready at the lobby at pointed time for pickup.

Driver/guide should always be present at the airport before your arrival time. If you could not find the driver, please contact your travel consultant who you deal with. For any reason that airport transfer could not be arranged, please take the taxi to the hotel. We will refund the money then.

## **Travel insurance**

Travel insurance is not included in our tour price. When travelling with us, you are suggested to buy insurance that covers all medical coverage, cancellation, personal liability, curtailment and loss of luggage and personal effects.

## **Trip Specific Safety**

We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes which is the most secure way of storing your valuables. A lock is recommended for securing your luggage.

Be aware that petty theft can be an issue in some towns and cities especially late at night. A common tactic is opportunists on motorbikes that drive by and snatch bags. Please always leave valuables and passports etc in your hotel in safety boxes if available and only carry with you enough cash to spend for the day. Bags should always be carried over the neck and not left to sit on your shoulder.

## **Warming**

Please do not buy gems unless you know what you are doing. Even if genuine you should not expect to be able to sell them at home. If you fall victim to a gem scam, we are unable to assist you.

## **Tipping**

It is customary in Asia to tip service providers such as waiters, at approximately 10%, depending on the service. Tipping is expected - though not compulsory - and shows an expression of satisfaction with the people who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides or drivers we use. Recommendations for tipping drivers and local guides would range from \$3-\$5 USD per person per day depending on the quality and length of the service.

## **Electricity**

Indochina Countries use 220V, and a mixture of flat 2-pin, round 2-pin or 3 pin plugs. It is recommended to bring a universal plug adapter.